

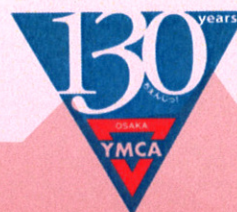


∞ Taichung - the Senior Citizen Friendly City ∞

SENIOR HEALTH/PREVENTIVE CARE &

HEALTH PROGRAM

JOINT DECLARATION



~ Allow seniors to enjoy their healthy lives ~

May 13th, 2016

We, the undersigned, agree that the Taichung Government Senior Citizen Friendly City Promotion Committee, Taichung YMCA and Osaka YMCA will work together to build a Community Senior Citizen Preventive Care System. To support the goal of making Taichung a senior citizen-friendly city we will ensure our senior citizens are healthy, active, and successful by:

- developing and administering a Community Senior Citizen Preventive Care Trainer Education program
- promoting senior health and preventative health care programs and activities to senior citizens and their families





臺中市政府
TAICHUNG CITY GOVERNMENT

■ **Taichung City Government will**

- (1) Support the Senior Citizen Health/ Preventive Care and Health Promotion System and the relevant trainings and activities.
- (2) Reward the organizations or individuals who have strongly supported the program publicly.

■ **Taichung YMCA will**

- (1) Develop the Senior Citizen Health/ Preventive Care and Health System and the relevant trainings and activities.
- (2) Promote the trainer certification approval system and the performance evaluation for the program.
- (3) Translate and develop the relevant materials for the program.
- (4) Train the instructors and the supervisors for the program.
- (5) Manage and run the relevant workshops and trainings for the system.
- (6) Expand “The Community Senior Citizen Active Class”.

■ **Osaka YMCA will**

- be a friendly and strong supporter of Taichung YMCA and, when needed or requested by Taichung YMCA, support Taichung YMCA with:

- (1) Senior Citizen Health/Preventative Care and Health System information and the relevant trainings and activities
- (2) Up-to-date Trainer Certification approval system and the performance evaluation for the program
- (3) Support Taichung YMCA with relevant information, related facilities, and assist the development of the program.
- (4) Support Taichung YMCA with appropriate training to the senior instructors and the senior supervisors of executive management.

Chia-lung Lin

Taichung City
Senior Citizen
Friendly City
Promotion Committee

齊恩加

Taichung
YMCA

末岡祥弘

Osaka
YMCA